

Name _____ Date _____ Pd. _____

Metaphorical Journey Quiz #1

1. Journey stage #1: You are on standing on a hill, looking over a valley. Describe what you see.
2. Journey stage #2: You descend into the valley, and come upon a road – describe it
3. Journey stage #3: You travel the road, and are joined by an animal. Identify the animal; then, describe where that animal is in relation to you
4. Journey stage #4: You come to an obstacle – describe it; then, explain how you pass it
5. Journey stage #5: You encounter a body of water – describe it; then, describe how you “interact”, if at all, with it

Key to Quiz #1

1. Stage #1: Your view of the valley describes your outlook on life
2. Stage #2: Your description of the road reveals how you see life's journey
3. Stage #3: Your animal, and its associated characteristics, symbolize your ideal mate (where it is in relation to you is how you view the relationship)
4. Stage #4: Your obstacle is how you view life's obstacles – similarly, how you pass it represents how you approach problem solving
5. Stage #5: Your "water" is how you view intimacy and sexual relations; how you interact with it.

Key to Quiz #2:

The desert and camel theme symbolizes the journey toward personal independence. Specifically, this scenario reveals your feelings about parting with someone you love.

1. Your answers show how you might react when the time comes to go your separate ways. The words you spoke to the camel reveal what you might say to yourself when you realize love has been lost.
2. The person you encountered here could be someone who has helped or comforted you in the past or one you might turn to in times of need.
3. Your feelings upon reaching the town are your true feelings about finally getting over a lost love.
4. The new rider is a person toward whom you feel a secret rivalry, jealousy, or resentment

A Walk In The Woods Test – Relational Psychology Test

This is what they call a relational psychology test. The answers to these questions indicate relevance to values that you hold in your personal lives.

Picture yourself walking through a beautiful forest. The sun is out, there's a perfect breeze. It's just beautiful.

Who are you walking with?

As you continue on in your walk through the forest, you come across an animal.

What kind of animal is it?

You come up to the animal.

What does the animal do?

You're walking deeper into the woods yet, and you come to a clearing. There's a house in the middle of the clearing.

How big is it? Is it fenced in or no?

You walk up to the door of the home and it's open a bit. You enter and see a table.

Describe what's on the table.

You finish looking around the house and leave out the back door. There's a huge lawn and in the center is a garden. In the garden, you find a cup.

What is the cup made out of? What do you do with the cup?

As you walk to the end of the garden, you find yourself at a body of water.

What kind of body of water is it? A lake? River? Pond?

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You must cross this water in order to get home.

How wet do you get?

Ready for some answers?

The person you were walking with is the most important person in your life.

The size of the animal you come across is a representation of the size of your problems.

If your action was more severe, it means you tend to be more aggressive. If it was peaceful, then more passive.

The size of your home is representative of the size of your ambition.

If there was no fence around the home, it means you tend to be more open.

If what you saw on the table wasn't food, people, or flowers, it indicates some unhappiness.

How durable the cup you found was is representative of how strong your relationship is with the person in the first part of the story. What you do with it is representative of your attitude toward them.

The size of the body of water is related to the size of your sexual drive.

If you became very wet, it indicates that sex is important to you. If not very wet, it may mean it's less important.